

*Prayer Before the Crucifix*

*Most High Glorious God,  
Enlighten the darkness of my  
heart,*

*Give me Right Faith,*

*Sure Hope,*

*Perfect Charity,*

*Wisdom and Understanding*

*That I may carry out*

*Your Holy and True command,*

*Amen*

*(St Francis of Assisi)*



Lenten Program 2018

St Margaret's  
St Joseph's  
St Finnan's



THE  
FORTY  
DAYS  
of LENT

BELIEVING  
IS  
SEEING

## Prayer

### Ash Wednesday 14 Feb

**Solemn opening of Lent.**

**Mass 10am St Joseph's**

**Mass 7.30pm St Margaret's**

### Sundays

- **St Margaret's 5pm:** Evening Prayer and Benediction. This will consist of exposition of the Blessed Sacrament, evening prayer of the Church and concludes with Benediction (more or less 30mins)

### Mondays

- **St Margaret's 9.45am:** Stations of the Cross followed by mass

### Tuesdays

- **St Joseph's 7pm:** Stations of the Cross followed by mass

### Wednesdays

- **St Margaret's 10am:** Mass

## Fasting

### Wednesdays (from 21st Feb)

**St Margaret's 7.30pm:**

### Oremus

Do you find it easy to pray? Is prayer an integral part of your day? Do you hear God's voice in your daily life, and know how to respond accordingly?

For many of us, the answer to these questions is, "no." We all desire an intimate relationship with God. But, since learning to "say our prayers" as children, we never moved beyond rote recitation to an authentic conversation with God.

For most of us prayer becomes a source of frustration as we struggle to calm our minds and find even a few minutes to set aside to pray. In our busy lives prayer is seen as a luxury, when in reality it is at the foundation of a healthy spiritual life.

The good news is you can overcome your difficulties with prayer, and it is easier than you might think.

In this eight-part DVD series, Fr. Mark Toups guides us through the simple, yet profound steps to an effective and fruitful prayer life. You will discover how God speaks to you, even in the smallest encounters. Following the Tradition of the Catholic Church and the wisdom of

## Almsgiving

the saints, you will learn how to express yourself to God in prayer, and how to hear his voice.

In *Oremus* You Will:

- Become aware of God's presence in your life
- Discover the simple yet profound steps of Catholic prayer
- Learn how to respond to God and express yourself in prayer
- Discover how to hear God's voice in Scripture, in your heart, and in ordinary moments.
- Learn how to overcome frustrations, distractions, and dryness in prayer.
- See that desolation and consolation are a normal part of everyone's walk with God.
- Grow in your relationship with God and those around you.

### Thursdays

- **St Joseph's 10am:** Mass
- **St Finnan's 7pm:** Stations of the Cross followed by mass

### Fridays

- **St Margaret's 7pm:** Stations of the Cross followed by mass

