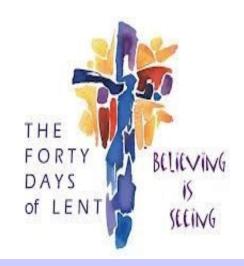
Prayer Before the Crucifix

Most High Glorious God,
Enlighten the darkness of my heart,
Give me Right Faith,
Sure Hope,
Perfect Charity,
Wisdom and Understanding
That I may carry out
Your Holy and True command,
Amen
(St Francis of Assisi)



Lenten Program 2018

St Margaret's St Joseph's St Finnan's



Ash Wednesday 14 Feb
Solemn opening of Lent.
Mass 10am St Joseph's
Mass 7.30pm St Margaret's

Sundays

Prayer and Benediction. This will consist of exposition of the Blessed Sacrament, evening prayer of the Church and concludes with Benediction (more or less 30mins)

Mondays

St Margaret's 9.45am:
 Stations of the Cross followed by mass

Tuesdays

 St Joseph's 7pm:Stations of the Cross followed by mass

Wednesdays

• St Margaret's 10am: Mass

Wednesdays (from 21st Feb)

St Margaret's 7.30pm:

<u>Oremus</u>

Do you find it easy to pray? Is prayer an integral part of your day? Do you hear God's voice in your daily life, and know how to respond accordingly?

For many of us, the answer to these questions is, "no." We all desire an intimate relationship with God. But, since learning to "say our prayers" as children, we never moved beyond rote recitation to an authentic conversation with God.

For most of us prayer becomes a source of frustration as we struggle to calm our minds and find even a few minutes to set aside to pray. In our busy lives prayer is seen as a luxury, when in reality it is at the foundation of a healthy spiritual life.

The good news is you can overcome your difficulties with prayer, and it is easier than you might think.

In this eight-part DVD series, Fr. Mark
Toups guides us through the simple, yet
profound steps to an effective and fruitful
prayer life. You will discover how God
speaks to you, even in the smallest
encounters. Following the Tradition of
the Catholic Church and the wisdom of

the saints, you will learn how to express yourself to God in prayer, and how to hear his voice.

In *Oremus* You Will:

- Become aware of God's presence in your life
- Discover the simple yet profound steps of Catholic prayer
- Learn how to respond to God and express yourself in prayer
- Discover how to hear God's voice in Scripture, in your heart, and in ordinary moments.
- Learn how to overcome frustrations, distractions, and dryness in prayer.
- See that desolation and consolation are a normal part of everyone's walk with God.
- Grow in your relationship with God and those around you.

Thursdays

- St Joseph's 10am: Mass
- St Finnan's 7pm: Stations of the Cross followed by mass

Fridays

 St Margaret's 7pm:Stations of the Cross followed by mass